



BOOK CLUB QUESTIONS

Running Between Dandelions is intended to help you reflect on your strength. Use this book to generate meaningful discussions about love, forgiveness, relationships and health. The following questions are conversation starters that will help you, or your group reflect.

- Which character in the story do you most relate to? Do you see any similarities between yourself, Annabelle, Joyce, or Nitty?
- Annabelle, Joyce, and Nitty have similar qualities. Describe some of the commonalities you see between them. What does it mean to give your mother grace? Have you judged your mother without really knowing her story?
- Share some lessons you have learned from your mother. What do you carry from her that either showed you what to do, or what not to do?
- Talk about the person who taught you about God. What did you learn from them?
- Annabelle's faith led her to create strict boundaries for herself and her children. Do you know anyone who acts similarly to her?
- What qualities did you recognize in Joyce as the oldest daughter? Encourage her to make herself a priority.



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- Talk about a time when you needed to think through your emotions and speak through a healed place. What happened?
- What do you think about the definition of what it means to run between dandelions?
- Did you get the chance to meet your mother as a woman? Do you think Annabelle was able to see Joyce as a woman and vice versa?
- Is it realistic to balance holiness and fun? Do you need to be one or the other? How do you protect your peace?
- Give an example of a woman who spread her wings and explored life without limitations? Do you have a Biblical example?
- What crown do you wear that sacrifices you as the priority?
- When have you been full and hungry for something at the same time?
- What are your excuses for not finishing your goals? Has someone said something to you that impacted your belief in yourself and what you can accomplish??
- Women with degrees fight insecurities. What are some ways you push through your insecurities as a professional woman?
- Are you rushing through life missing important moments because you're thinking about "building a legacy?" Do you have moments when your children said they missed you, yet you thought you were building their legacy? How did it make you feel? How did you respond?
- What part of the story resonated with you while reading this book?